

✓ 18 to 24 Months

- _____ Can Build a tower with three blocks
- _____ Likes to climb and take things apart
- _____ Uses single words frequently
- _____ Begins two-word phrases
- _____ Able to run
- _____ Looks at pictures in a book

✓ 2 to 3 Years

- _____ Walks up/down stairs using alternate feet, while holding on
- _____ Says at least 100 words
- _____ Uses three-word phrases
- _____ Points to objects in a book
- _____ Knows his or her sex, body parts
- _____ Jumps lifting both feet off ground

✓ 3 to 4 Years

- _____ Opens a door by turning the door knob
- _____ Builds a tower with nine blocks
- _____ Follows two commands of on, under, or behind (“stand on the rug” “sit in the chair”)
- _____ Names pictures in a book
- _____ Understands complex sentences
- _____ Uses action words

✓ 4 to 5 Years

- _____ Uses four- to five-word sentences
- _____ Stands on one foot
- _____ Throws a ball overhand
- _____ Enjoys active play: racing, hopping, climbing
- _____ Points while counting three different objects
- _____ Names three colors
- _____ Counts aloud 1 through 10
- _____ Can copy a cross

✓ 5 to 6 Years

- _____ Can copy a square
- _____ Asks questions to seek information
- _____ Tells age correctly
- _____ Skips with both feet
- _____ Catches a small ball on a bounce
- _____ Dresses him/herself completely

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*For people with intellectual
and developmental disabilities*



**Developmental
Checklist for
Young
Children**

Birth to 6 years

This checklist is designed for you to record your child's growth and development. There is space to fill in the age when your child begins each activity.

When you fill in the checklist, remember that each child develops at his or her own pace. The age listed on the checklist is the time a number of children are consistently doing the activity.

If your child is not doing one activity at the age listed, there is probably no need to be concerned. However, if your child is late in doing several activities, you should discuss it with your child's pediatrician.

If your child was born prematurely, ask the doctor about your child's corrected developmental age.

Usual Activities During.....

✓ Birth to 3 Months

- Able to raise head from surface when lying on tummy
- Makes eye contact with adults
- Moves arms and legs in energetic manner
- Smiles and coos
- Grunts and sighs
- Likes to be held and rocked

✓ 3 to 5 Months

- Eyes follow a slow-moving object
- Able to hold head erect
- Grasps objects when placed in his or her hand
- Laughs out loud
- Anticipates feeding and recognizes familiar faces
- Sits briefly with support

✓ 5 to 7 Months

- Reaches for, holds and bangs objects
- Stretches out arms to be picked up
- Babbles
- Turns toward sounds
- Holds cookie or cracker - begins chewing
- Rolls over

✓ 7 to 9 Months

- Can sit steadily for about five minutes
- Can transfer object from one hand to the other
- Creeps (pulling body with arms and leg kicks)
- Responds to name
- Can stand for short time holding on to support
- Likes to play peek-a-boo

✓ 9 to 12 Months

- Says "da-da" or "ma-ma"
- Copies sounds
- Waves "hi" and "bye"
- Able to pull self up at side of crib or playpen
- Walks holding on to furniture
- Takes sips from a cup
- Crawls on hands and knees
- Hits two objects together; throws and drops objects

✓ 12 to 15 Months

- Says several words besides "da-da" or "ma-ma"
- Walks without support by 15 months
- Finger feeds self
- Explores toys

✓ 15 to 18 Months

- Uses 10 to 15 words spontaneously
- Scribbles on paper after shown how
- Begins using a spoon
- Drinks from cup held in both hands
- Cooperates with dressing
- Walks across a large room